

Terms & Conditions

By participating in any event, class, or workshop facilitated Spiritual but BadASS you agree to the following terms:

Health & Responsibility:

Participants join at their own risk and are responsible for their own physical and emotional well-being. These sessions are for wellness and educational purposes only and are not a substitute for medical advice or therapy.

Cancellations & Refunds:

Cancellations within 48 hours of an event are non-refundable unless otherwise agreed. If the facilitator cancels, a full refund or credit will be offered.

Participation Criteria:

Some events may be restricted to individuals with specific lived experience (e.g., female reproductive health). This is to maintain the integrity and safety of the space.

We reserve the right to screen attendance for alignment with the group's purpose.

Media Use:

Photos/videos may be taken during sessions. Consent will always be requested in advance. You have the right to decline being included in any images.

Confidentiality:

Personal stories and experiences shared during workshops are to be kept confidential by all participants.

By attending a session or submitting your registration, you confirm that you agree to these terms.

Privacy Policy Template (GDPR Compliant)

Privacy Policy

This website is committed to protecting your privacy and ensuring your personal data is handled in accordance with the General Data Protection Regulation (GDPR).

What Information We Collect:

- Name and contact details (when you sign up or book a workshop)
- Health or accessibility information (when voluntarily shared in a pre-training form)
- Email addresses (for newsletters, if opted in)

Why We Collect It:

- To manage bookings and provide course content
- To ensure safe participation in wellness sessions
- To send occasional updates (only if you've opted in)

How Your Data Is Stored:

- Stored securely via trusted platforms (WIX booking / CRM software)
- Only accessible to the course facilitator and not shared with third parties

Your Rights:

- You may request access to, correction, or deletion of your data at any time by emailing info@spiritualbutbadass.com

Workshop Disclaimer and Cookie Policy

Disclaimer

The content shared during workshops, classes, or sessions facilitated by Spiritual but BadASS is intended for informational and wellness purposes only. It is not a substitute for professional medical advice, diagnosis, or treatment. By participating in any offering, you agree to take full responsibility for your physical, emotional, and mental well-being. Please consult your healthcare provider before beginning any new wellness, movement, or breathwork practice—especially if you are pregnant, have a medical condition, or are on medication. Practices such as breathwork, movement, or energy work may bring up emotional or physical responses. You are encouraged to listen to your body and participate at your own pace. Participation is always voluntary. If you experience discomfort, you may stop or modify the practice at any time.

Cookie Policy

This website may use cookies to enhance your browsing experience, analyse site traffic, and support marketing efforts.

What Are Cookies? Cookies are small text files stored on your device to help websites remember your preferences and activity.

How We Use Cookies:

Analytics: to understand visitor behaviour and improve our site

Preferences: to remember your session, settings, and form inputs
Your Choices: You can choose to accept or decline cookies via your browser settings. Declining cookies may limit your ability to use certain features.

Consent: By continuing to use this website, you consent to the use of cookies as described in this policy